

ANGELUS

The Angel of the Lord declared unto Mary, and she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord. Be it done unto me according to your word.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

And the Word was made flesh. And dwelt among us.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. **Amen.**

MORNING PRAYER

May Jesus and his dear mother be with us on our journey.

The Word became flesh and dwelt among us, full of grace and truth.

O God, you have brought us safely to the beginning of this day: Preserve us in your peace and awaken our hearts to praise, that we may walk as children of light; through Jesus Christ our Lord. Amen.

ANTIPHON

Blessed are you, O Christ, servant of all; you emptied yourself and took the form of a servant.

Clothe us with humility of heart, that we may follow in your way.

PSALM 84:1-8

How dear to me is your dwelling, O LORD of hosts! * My soul has a desire and longing for the courts of the LORD; my heart and my flesh rejoice in the living God.

The sparrow has found her a house and the swallow a nest where she may lay her young; * by the side of your altars, O LORD of hosts, my King and my God.

Happy are they who dwell in your house! * they will always be praising you.

Happy are the people whose strength is in you! * whose hearts are set on the pilgrims' way.

Those who go through the desolate valley will find it a place of springs, * for the early rains have covered it with pools of water.

They will climb from height to height, * and the God of gods will reveal himself in Zion.

LORD God of hosts, hear my prayer; * hearken, O God of Jacob.

Behold our defender, O God; * and look upon the face of your Anointed.

READING

And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth. *John 1:14*

A SONG OF LEARNING

Blessed are you, O Lord our God, whose wisdom exceeds all understanding. You teach the teachable, guide the seeking, and reveal your truth to those willing to listen. Keep us from the illusion that we already know enough. Grant us curiosity, patience, and reverence for mystery. Blessed be God forever. Amen.

APOSTLE'S CREED

I believe in God, the Father almighty, creator of heaven and earth; I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen. *Book of Common Prayer, 1979*

COLLECT

O God, whose Son taught that the greatest among us must become the servant of all: Free us from rivalry, resentment, and the desire for power. Help us to honor one another, rejoice in one another's gifts, and seek the welfare of

the whole body before our own advantage; through Jesus Christ our Lord.
Amen.

CLOSING PRAYER

Holy God, strengthen us now to serve you faithfully in the world, with thankful hearts and steadfast hope; through Christ our Savior. **Amen.**

May the needy not be forgotten. **Nor the hope of the poor be taken away.**