

ANGELUS

The Angel of the Lord declared unto Mary, and she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord. Be it done unto me according to your word.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

And the Word was made flesh. And dwelt among us.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. **Amen.**

MORNING PRAYER

May Jesus and his dear mother be with us on our journey.

The light shines in the darkness, and the darkness has not overcome it.

O God, you have brought us safely to the beginning of this day: Preserve us in your peace and awaken our hearts to praise, that we may walk as children of light; through Jesus Christ our Lord. Amen.

ANTIPHON

Blessed are you, O Holy One, in silence and stillness you reveal your presence.

Quiet our hearts before you, that we may behold your glory.

PSALM 32:1-8

Happy are they whose transgressions are forgiven, * and whose sin is put away!

Happy are they to whom the LORD imputes no guilt, * and in whose spirit there is no guile!

While I held my tongue, my bones withered away, * because of my groaning all day long.

For your hand was heavy upon me day and night; * my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, * and did not conceal my guilt.

I said, "I will confess my transgressions to the LORD." * Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble; * when the great waters overflow, they shall not reach them.

You are my hiding place; you preserve me from trouble; * you surround me with shouts of deliverance.

READING

A For it is the God who said, “Light will shine out of darkness,” who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. *2 Corinthians 4:6*

A SONG OF ABIDING

Blessed are you, O Lord our God, who invites us to abide in your love. You are the vine, we are the branches. Apart from you, we wither; in you, we bear fruit. Keep us rooted in your presence, grounded in your peace, and sustained by your grace. Blessed be God forever. Amen.

APOSTLE'S CREED

I believe in God, the Father almighty, creator of heaven and earth; I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen. *Book of Common Prayer, 1979*

COLLECT

Merciful God, whose Son revealed your boundless love upon the Cross: Teach us to dwell prayerfully in the mystery of his passion. As we contemplate the

self-giving love of Christ, transform our hearts, that we may be conformed to his likeness and become channels of his peace in the world; through the same Jesus Christ our Lord. **Amen.**

CLOSING PRAYER

Holy God, strengthen us now to serve you faithfully in the world, with thankful hearts and steadfast hope; through Christ our Savior. **Amen.**

May the needy not be forgotten. **Nor the hope of the poor be taken away.**